

Pastoral Care, Safeguarding and Pupil Well Being - Support for Pupils Information
23rd March 2020

Pupils are reminded of some useful telephone numbers and websites listed in "Index of Useful Organisations" in their pupil planner. These include the CHILDLINE (0800 1111) and Lifeline (0808 808 8000) for dealing with issues such as anxiety or stress. Calls are free and lines are open 24 hours a day, 7 days a week. The pupil planner has a number of useful pages of information on pastoral matters, including Child Protection-Safeguarding, Cyber Bullying, Internet Safety, Look after your Mind and Bounce Back. If pupils or parent-carers have any pastoral care concerns, they may contact the school office when open (02870344331 CR campus) or phone Mr Hamilton (the Designated Teacher for Child Protection) on the pupil welfare mobile phone [07544 500 306] during school hours 0855-3.25pm. If pupils or parent-carers have any safeguarding concerns, please contact Mr Hamilton on this mobile phone number directly. At any time, a pupil or parent-carer with a safeguarding concern may talk to Children's Services Gateway Team 0300 1234 333 or PSNI Central Referral Unit 02890259299 or 101.

Two further useful contact groups are the NSPCC (0800 800 5000) and The Samaritans (free phone 116 123).

Further details and resources on Pupil Welfare may be found in the COVID-19 area of the School website, including "*Telephone Support Lines for Young People*" details issued by the EA Child Protection Support Services (CPSS).

Safeguarding/Child Protection

The school safeguarding team may be contacted during the school closure as follows: -

Designated Teacher	Mr TA Hamilton	contact number	07544 500 306
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Or if Mr Hamilton is not available, please contact: -

Deputy Designated Teacher	Mr J Frew	contact number	07548 272 560
Deputy Designated Teacher	Mrs K Taggart	contact number	07731 886 725

Mental Health

Please remember that there is support available in the community (as well as a pupil welfare mobile phone contact number for CGS):

- Here2Help App
- Lifeline 0808 808 8000
- Childline 0800 1111

If, at any point, you have concerns about your child's mental wellbeing, please contact your GP for additional support or advice. There is also some useful advice for this time of uncertainty at:

<http://www.mentalhealth.org.uk/publications/looking-after-your-mental-health-during-coronavirus-outbreak>

Health and well-being

The Headmaster has stressed that the health and well-being of our pupils, staff and whole school community is our priority in the coming weeks and months. Please do not hesitate to use the communication channels described here to seek support from school in the coming weeks as and when you and your family may need assistance with a pastoral issue.

Mr Hamilton
Vice Principal (Pastoral)
Designated Teacher for Child Protection