

**Support for Parent-Carers: Parentline NI**

Parents, carers, family members...

**if you need us  
we're here.**

Call Parentline NI today for advice, support or guidance.

**FREEPHONE**



**0808 8020 400**

Parentline NI is a service operated by Children in Northern Ireland & Relate NI. Funded by the Health and Social Care Board.



Parentline NI Regional Parents Helpline remains in full operation throughout this period of extended school closure and home schooling. They may be contacted on freephone 0808 8020 400 to provide advice, support and guidance to parents and carers.

Lines are opened:

Monday- Thursday 9am-9pm

Friday 9am-5pm

Saturday 9am-1pm

You may also make contact via webchat [www.ci-ni.org.uk](http://www.ci-ni.org.uk) or email [parentline@ci-ni.org.uk](mailto:parentline@ci-ni.org.uk)

There is also an excellent ParentLine podcast available to download: <https://m.youtube.com/watch?v=9Nrkd3UWs>